



BIRMINGHAM COUNTY FOOTBALL



LIFTSHARE GUIDANCE

Welcome to Liftshare! Did you know that an estimated 72,632 car journeys are made to training and matches within the region during a grassroots football season? Add to that the thousands of journeys made by supporters who follow their favourite teams each week and it's no surprise that almost 60 grassroots football venues in across the region are in dangerously poor air quality locations, impacting on the long-term health & wellbeing of those participating? (Where PM2.5 levels exceed WHO guidance)

Here at Birmingham County FA we are serious about sustainability and creating a lower carbon greener game. With over 70,000 registered players regularly participating in the game each week, we know travel in the grassroots game is the highest emitting activity we do, and we want to support our football community by offering them smarter more sustainable and more cost-effective travel choices, especially at a time when household expenditure is spiralling.

We would encourage everyone where possible to walk, run or cycle to training or matchdays, and when that's not feasible then why not Liftshare? Liftsharing is where two or more people share a car, it is a greener and cheaper way to travel.

Make a difference and get rewarded! We want to reward our members for traveling sustainably by Liftsharing. For every month of the season, we will be gifting and giving a shout out to all our sustainable travellers.

Save your money! Instantly cut your travel costs by splitting your fuel money between your Liftshare Team.

Save the planet! By Liftsharing you will be removing at least one car journey off the UK network, and more importantly reducing dangerous pollutants (CO₂e) from the atmosphere.

The Liftshare scheme is part of Birmingham County FA's wider sustainability programme – **Save Today, Play Tomorrow**.

For further information on all aspects of this unique, football-centred programme and what clubs and leagues can do to reduce their environmental impact, then visit:

<https://www.birminghamfa.com/about/save-today-play-tomorrow>

Has your Club signed BCFA sustainability pledge?

Further information is available [here](#).

For quick links and access to information click below:

- [1. How to stay safe when Liftsharing?](#)**
- [2. Who should use Birmingham County FA Liftshare?](#)**
- [3. How to join Birmingham County FA Liftshare?](#)**
- [4. What journey do I need to add for training?](#)**
- [5. What journey do I need to add for matches?](#)**
- [6. How do I get rewards for Liftsharing?](#)**
- [7. Does Liftsharing affect my car insurance?](#)**
- [8. How do I pay for Liftshare?](#)**
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How to stay safe when Liftsharing?

Over 18's should familiarise themselves with the [Trust & Safety](#) guidance provided by Liftshare.

Safeguarding Statement from Birmingham County FA:

To create a profile on Liftshare and to have access to the services, you must be over 18 years old. However, we understand there may be circumstances in which a minor (under 18) can get a lift without being accompanied by an adult or legal guardian. If this is the case, the parents (or legal guardians) of the minor can make a booking directly from their profile. ***It is essential to inform the driver and seek their approval prior to any journey taking place to ensure they are happy to accept the Liftshare.*** It is also necessary that the parents, legal guardians, or the driver have the appropriate safety equipment (for example; a child and/or booster seat) depending on the child's age and size, in accordance with the law.

- Parents, guardians, and carers are to create and manage the Liftshare account on the behalf of the U18
- Do not travel alone with an U18
- Have the U18 travel in the backseat of the vehicle furthest away from the driver
- If travelling with an U18 make sure that the parents, guardians, and carers are aware and happy of the arrangements that have been made
- Agree an estimated time of arrival and (parents) call at that time
- If a short journey, (parents) call at the start and stay on the phone
- If a longer journey, (parents) call every 15 minutes
- Parents - Use one of the many apps that map and follow a trip/phone and track the journey

For further assistance please do not hesitate to get in contact with Birmingham County FA's Designated Safeguarding Officer.

Who should use Birmingham County FA Liftshare?

Liftshare is for our football community, it is open for everyone to use. You don't need a car to use Liftshare! You may already be doing it within your team or club, which is great - all we ask is that you record the journeys

- If you walk or cycle, why not use Liftshare when the weather is poor by posting your journey as a passenger.
- If you take public transport, why not try Liftsharing to see if it will save you time and money.

How to join Birmingham County FA Liftshare?

There are two ways to join Birmingham County FA Liftshare.

1. Via PC, Laptop or Browser (i.e., Google)

Go to birminghamfa.liftshare.com (No www. Required)

Join using your email address

Verify your Liftshare account via the activation email

2. Via the Liftshare App

Download the free 'Liftshare App'

Apple - [App store](#)

Android - [Google Play](#)

Select 'Join Liftshare'

Type 'Birmingham County FA' and join using your email address

Verify your Liftshare account via the activation email

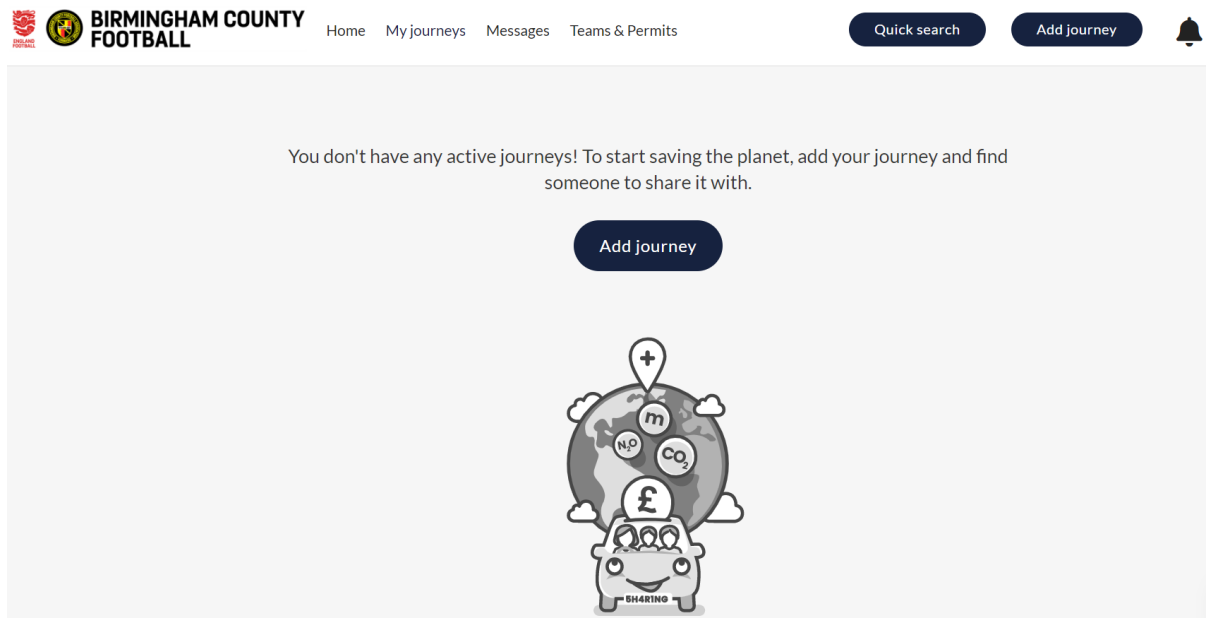
What journey do I need to add for training?

Training: These are regular journeys; they take place every week and are more than likely to the same destination.

Type of journey to add = Regular

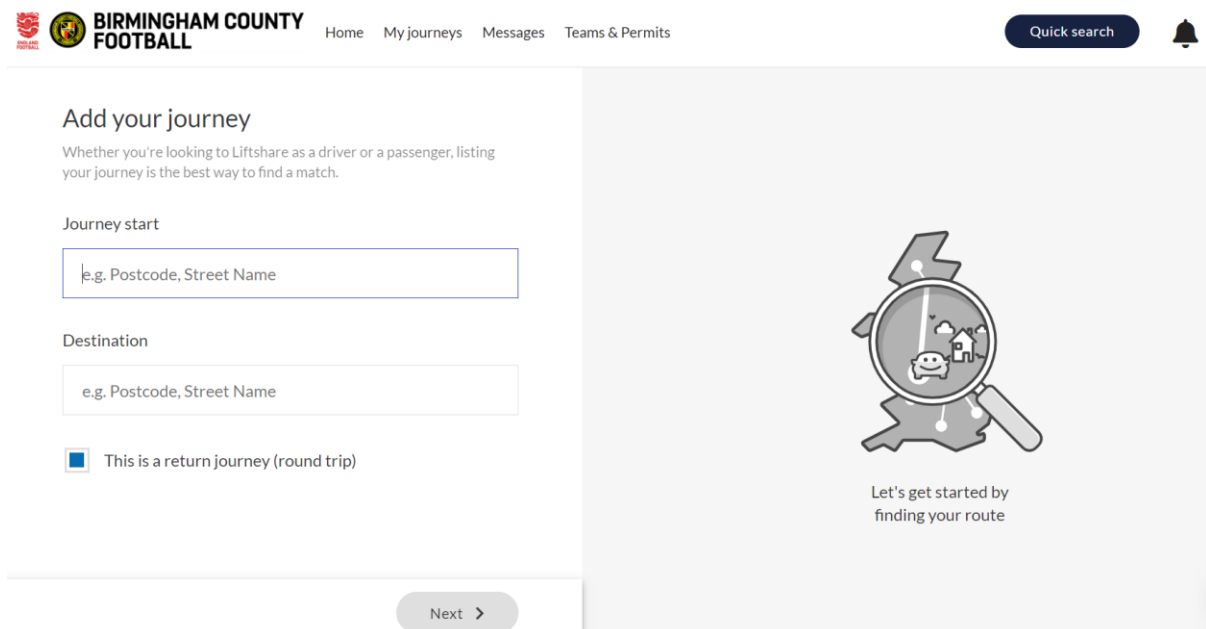
Click here to learn how to add a regular journey

1. Go to 'My Journeys' and click 'Add Journey'



The screenshot shows the Birmingham County Football website interface. At the top left is the club's logo and name. Navigation links include 'Home', 'My journeys', 'Messages', and 'Teams & Permits'. On the right, there are buttons for 'Quick search' and 'Add journey', along with a notification bell icon. The main content area features a message: 'You don't have any active journeys! To start saving the planet, add your journey and find someone to share it with.' Below this message is a prominent 'Add journey' button. At the bottom of the message area is a cartoon illustration of a car with a smiling face, labeled 'SHARING'. Above the car is a globe with a plus sign, a location pin, and icons for 'm', 'H₂O', and 'CO₂', and a pound sterling symbol (£).

2. Begin to type in your start location and the destination



The screenshot shows the 'Add your journey' form on the Birmingham County Football website. The form is titled 'Add your journey' and includes the subtext: 'Whether you're looking to Liftshare as a driver or a passenger, listing your journey is the best way to find a match.' The form has two input fields: 'Journey start' and 'Destination', both with placeholder text 'e.g. Postcode, Street Name'. Below these fields is a checkbox labeled 'This is a return journey (round trip)'. At the bottom of the form is a 'Next >' button. To the right of the form is a large illustration of a clock face with a car and a house inside, and a hand pointing to the time. Below the illustration is the text: 'Let's get started by finding your route'.

3. Select how you are travelling (driver, passenger or you can do either) and set the frequency to **regular**



Journey details

I'm travelling as a:

- Driver or passenger
- Driver
- Passenger

Journey frequency

- Regular
A predictable regular journey, like your work commute
- One-off
A single non-repeating journey
- Shift
Working shift patterns

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4. Select the days you train, leaving and returning time



Select the days you want to travel

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Leaving time

17:45

Return time

20:30

Journey time flexibility

Exact time

This helps give potential matches an idea of how flexible you're willing to be, but you'll be able to chat and confirm times later

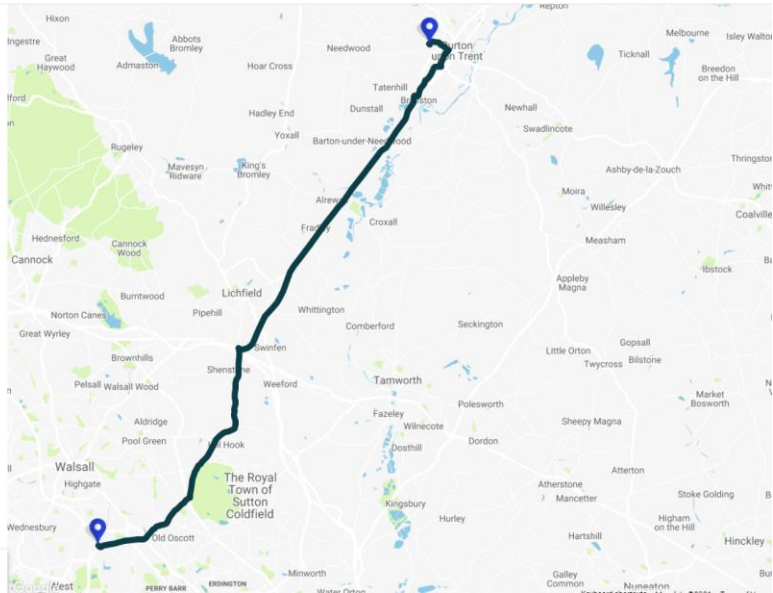
Additional options

You could save **£464** a year, just by sharing this journey with one person

You'll be saving the planet **668.15 kg** in annual CO2 emissions. That's the equivalent of offsetting **29 trees!**

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Post journey



5. Post your journey to find Liftshare matches

What journey do I need to add for matches?

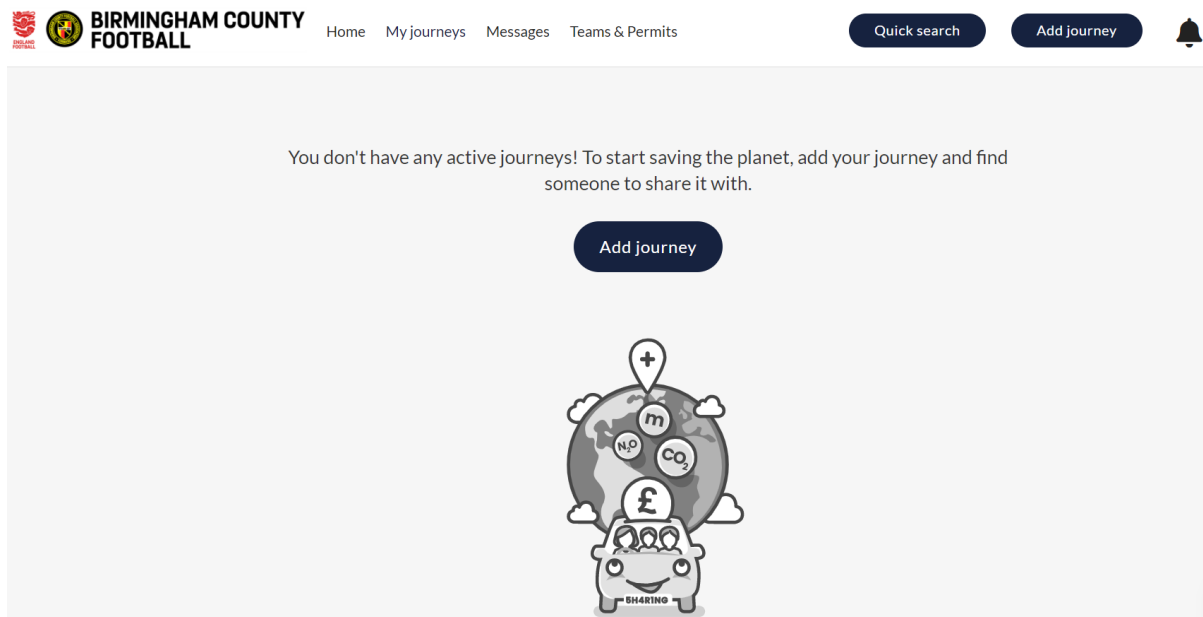
Matches: Although these are regular, the destinations could be different week by week.

Type of journey to add = One Off

Click here to learn how to add a one-off journey

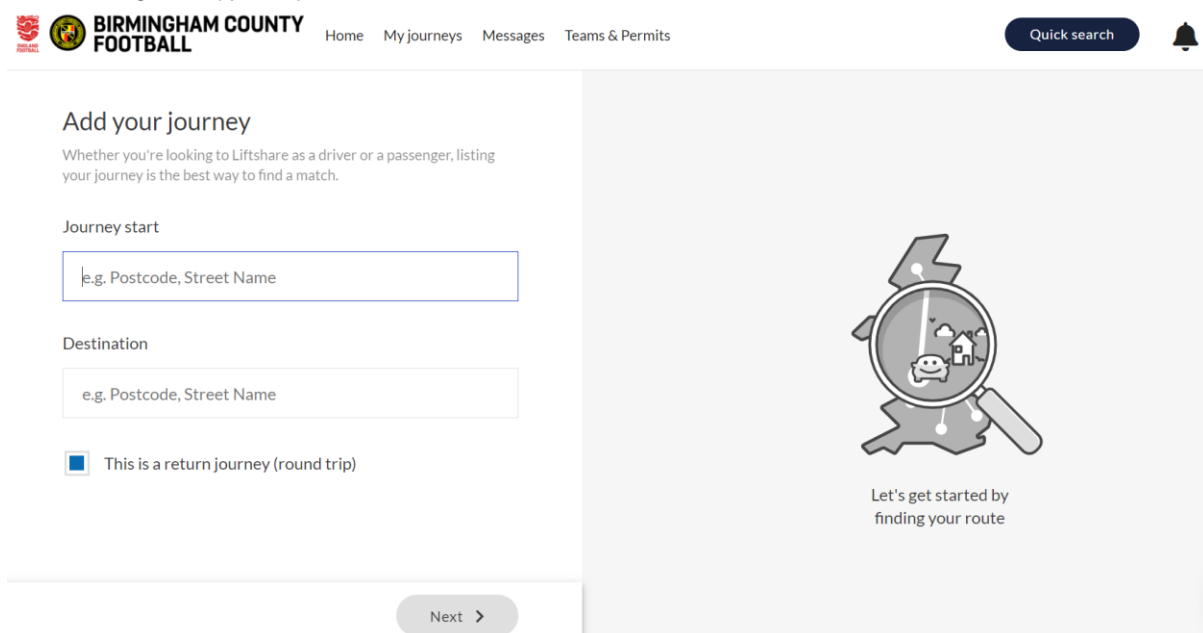
Important: One off journeys work best when they are kept updated!

1. Go to 'My Journeys' and click 'Add Journey'



The screenshot shows the Birmingham County Football website interface. At the top left is the club's logo and name. To the right are navigation links: Home, My journeys, Messages, and Teams & Permits. Further right are two buttons: 'Quick search' and 'Add journey', followed by a bell icon. The main content area has a message: "You don't have any active journeys! To start saving the planet, add your journey and find someone to share it with." Below this message is a large dark blue button labeled "Add journey". Underneath the button is a cartoon illustration of a car with a smiling face, labeled "SHARING". Above the car is a globe with a plus sign, a minus sign, and a pound sterling symbol (£), representing environmental and financial aspects of sharing.

2. Begin to type in your start location and the destination



The screenshot shows the 'Add your journey' form on the Birmingham County Football website. The form is titled "Add your journey" and includes the text: "Whether you're looking to Liftshare as a driver or a passenger, listing your journey is the best way to find a match." There are two input fields: "Journey start" and "Destination", both with placeholder text "e.g. Postcode, Street Name". Below these fields is a checkbox labeled "This is a return journey (round trip)". At the bottom of the form is a "Next >" button. To the right of the form is a large illustration of a magnifying glass with a car icon inside, and the text "Let's get started by finding your route".

3. Select how you are travelling (driver, passenger or you can do either) and set the frequency to **one off**

BIRMINGHAM COUNTY FOOTBALL Home My journeys Messages Teams & Permits Quick search

Journey details

I'm travelling as a:

- Driver or passenger
- Driver
- Passenger

Journey frequency

- Regular
A predictable regular journey, like your work commute
- One-off
A single non-repeating journey
- Shift
Working shift patterns

Suggested contribution (reset)
We've suggested a contribution per passenger based on the length of your journey

£ 2.50

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4. Add the journey schedule for the upcoming match including the date and time

BIRMINGHAM COUNTY FOOTBALL Home My journeys Messages Teams & Permits Quick search

Journey schedule

Outbound date and time
21 Sept 2021, 17:45

Return date and time
21 Sept 2021, 20:30

Journey time flexibility
Exact time

This helps give potential matches an idea of how flexible you're willing to be, but you'll be able to chat and confirm times later

[Additional options](#)

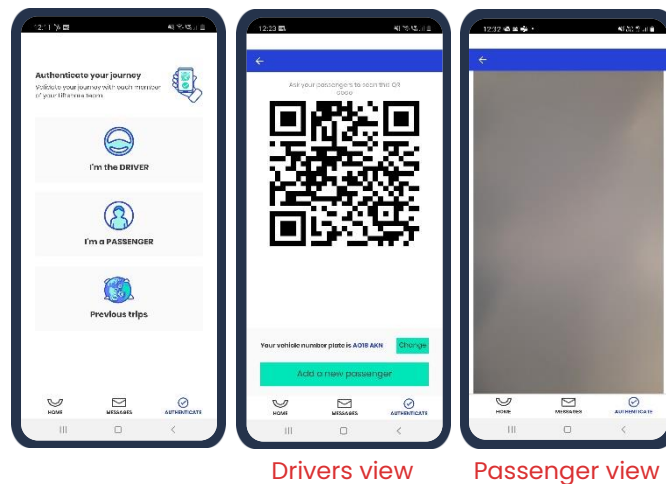
[Back](#) [Update journey](#)

5. Post your journey to find Liftshare matches

How do I get rewards for Liftsharing?

When you Liftshare we ask that you 'authenticate' using the Liftshare App for every shared trip.

Authenticating your trip is where the passengers use the Liftshare App to scan the drivers QR code that appears in the app.



When you authenticate your trip, you will be able to personally track how many miles and carbon emissions you have saved. We will be able to reward authenticating Liftsharers every month – so remember to authenticate!

Does Liftsharing affect my car insurance?

The Association of British Insurers clearly states that car sharing won't affect the insurance of their members so long as a profit isn't made: "All ABI motor insurers have agreed that if your passengers contribute towards your running costs your insurance cover will not be affected, as long as lifts are given in a vehicle seating eight passengers or less. This agreement does not apply if you make a profit from payments received or if carrying passengers is your business".

Drivers with any concerns, however, should check with their own insurance company as terms and conditions may vary between insurance providers over time.

For more information click [here](#).

How do I pay for Liftshare?

Joining Birmingham County FA Liftshare is FREE, allowing you to easily connect with other people.

Liftsharing is often one of the most convenient and cost-effective ways to get around, allowing you to split travel costs for regular journeys and one-off trips.

When you book a journey, you will be able to review the suggested contribution for the trip calculated using the HMRC's Mileage Payment Allowance. This ensures the driver doesn't profit from the journey which would invalidate their insurance.

*The amount and transaction type should be agreed upon by the driver and passenger – either through the **messaging feature on the app** or in person on the day of the journey.*

For more information click [here](#).

Top Tips for Liftsharing

Here are some tips to Liftshare:

1. Download the free app for easy access.
2. Keep your journey details up to date.
3. Remember to authenticate when you Liftshare, you can win prizes!
4. Have more than one Liftshare option just in case you need a 'plan b'.
5. Instant message your Liftshare Team if your plans change.

COVID-19 Guidance

Visit [Coronavirus: safer travel guidance for passengers](#) for government guidance.

Recommended guidance for Liftsharing is as follows:

- When Liftsharing have no more than 1 passenger per car, ideally, share with the same person
- Ideally, both the driver and passenger to wear a face mask
- Keep the vehicle well ventilated where possible
- To maximise the distance between you, the passenger should travel in the back left
- Do not share a lift if you show any signs of COVID-19 symptoms